

# 7<sup>th</sup> International Conference of Indian Academy of Health Psychology

22 - 24 DECEMBER  
**2022**

## Focal Theme

Mental Health and Well-Being in Post Covid  
Scenario: Global Perspective

## CALL FOR ABSTRACT

Abstracts and Full  
Papers are invited for  
the Conference

## ORGANISED BY:

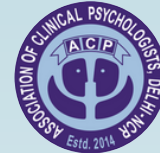
Department of Psychology and Mental Health  
School of Humanities and Social Sciences  
Gautam Buddha University  
Gr. Noida, UP - 201312

# SUPPORTIVE COLLABORATIONS ICIAHP - 2022

The 7th International Conference of Indian Academy of Health Psychology (ICIAHP-22) is being supported and promoted by the following International and National organisations. The organizing committee extends it's sincere thanks to all the professional organizations.



**Association of Clinical Psychologists  
Delhi-NCR (ACP), India**



**Bharatiya Counselling Psychology  
Association (BCPA), India**



**Mental Health Action by  
People (MAP), India**



**Talk to Angel, India**



**Macedonian Scientific Society for  
Autism (MSSA), Macedonia**



**Association of Psychologists  
in Nepal (APN), Nepal**



**Somatic Inkblot Society  
(SIS), USA**

**SIS**



**Birthing the New  
Humanity (BTNH), France**



**World Without Anger  
(WWA), Nepal**



**Professional Institute of  
Business (PIB), Bangladesh**



# WELCOME TO ICIAHP - 2022



On behalf of the organising committee of 7th International Conference of Indian Academy of Health Psychology, I am privileged and honoured to cordially invite you all to the upcoming event of Health Psychology scheduled to be held from 22nd – 24th December, 2022 at Gautam Buddha University, Yamuna Expressway, Greater Noida, U.P. The aim of the conference is to explore the impact of pandemic on mental health and wellbeing of the people at large. The conference further aims to explore the global perspective on the rise in the prevalence rate of mental problems and burden of care due to covid pandemic. The conference would be providing an academic platform for all the researchers, scientists, health psychologists, medical/health care professionals, and educationists to exchange their views and share the experiences on the theme and sub themes of the conference through their researches and academic practices. The conference envisions to invite multi-disciplinary perspectives on mental health & wellbeing in post covid scenario where the health care professionals, scientists and scholars from across the globe will come together to present, discuss and exchange their innovative works in the area.

*We eagerly look forward to have your engaged participation and to welcoming you in the conference with your colleagues, friends and research scholars.*

**Yours Sincerely,  
Dr. Anand Pratap Singh  
Conference Director, ICIAHP-2022**

## Gautam Buddha University: The Host Institution

Gautam Buddha University, established by the Uttar Pradesh Act (9) of 2002, an undertakings of the Government of Uttar Pradesh commenced its first academic session in August, 2008 at its 511 acres lush green campus at Greater Noida.

The University is recognized by the University Grants Commission under UGC Act, NAAC accredited and is a member of the Association of Indian Universities. The University consists of 08 schools of studies and more than 20 departments in different areas of studies which offer various programmes at undergraduate, postgraduate and doctoral levels. The university currently has around 6 thousand students strength and around 500 faculty and staff across the disciplines.





# DEPARTMENT OF PSYCHOLOGY AND MENTAL HEALTH



The inception of the Department of Psychology & Mental Health under the School of Humanities & Social Sciences at Gautam Buddha University took place in the academic year, 2011. Having the philosophy of Buddhist Psychology in its root, the department envisions to earn national and international recognition, in the area of Applied Psychology and Mental Health.

The department is accredited by Rehabilitation Council of India, New Delhi and offers various programmes in the area of Applied & Clinical Psychology such as:

- B.A./B.Sc. Hons. (Applied Psychology)
- M.A./M.Sc. (Applied Psychology)
- M.Phil. (Clinical Psychology) RCI Accredited
- Ph.D. (Clinical Psychology)
- PG Diploma in Guidance & Counselling and Forensic Neuro Psychology

The department has ultra-modern infrastructural facilities and equipped with advanced laboratory equipments such as Neurofeedback Therapy, Brain Entrainment Therapy, Brain Finger Printing Technique, Cognitive Retraining Softwares and other computerised and manual version of psychological test materials. The department has established Center of Excellence in Intellectual & Learning Disability (CEILD), University Counselling Center (UCC) and Digitalized Cognitive Therapy Laboratory to cater the psycho-social needs of various clinical populations. The department functions with the help of 10 dedicated faculty members, 04 research scholars and 03 subordinate staffs.

***“Department carries the mission to promote the virtues of mindfulness, social equanimity and psychological well-being among students and the people around through its academic, clinical and research ventures”***





# Organizing Committee

## Chief Patron



**Prof. Ravindra Kumar Sinha**  
Vice-Chancellor  
Gautam Buddha University

## Patron



**Prof. N.P. Melkania**  
Dean, Academics  
Gautam Buddha University

## Patron



**Dr. Vishwas Tripathi**  
Registrar  
Gautam Buddha University

## Patron



**Prof. Bandana Pandey**  
Dean, SHSS  
Gautam Buddha University

## Conference Chairman



**Prof. Anand Kumar**  
President  
Indian Academy of Health  
Psychology

## Conference Director



**Dr. Anand Pratap Singh**  
Head, Department of Psychology  
and Mental Health  
Gautam Buddha University

## Conference Coordinators

Academic Coordinators		Administrative Coordinators	
1. Dr. Shivani Pandey	+91 9451079826	1. Dr. Ashfia Nishat	+91 9548337235
2. Dr. Neha Sharma	+91 8130082766	2. Dr. Priyanka	+91 7814645431
3. Ms. Aakriti Varshney	+91 8447133318	3. Ms. Aayushi Sharma	+91 9871823757

## IAHP Core Committee

<b>Prof. Rakesh Jain</b>	Chairman, IAHP-E-Academy	<b>Dr. B. C. Kar</b>	Finance Secretary, IAHP
<b>Dr. Ashok Rai</b>	Secretary General, IAHP	<b>Dr. Vijendra Nath Pathak</b>	Coordinator, ICIAHP-2022
<b>Dr. Vismita Paliwal</b>	EC member, IAHP	<b>Kajal Vishwakarma</b>	Coordinator, ICIAHP-2022

## Regional Coordinators ICIAHP - 2022

Dr. Toshendra Dwivedi, Delhi NCR	Prof. Meera Jaiswal, Jharkhand
Dr. Tushar Singh, Uttar Pradesh	Dr. Krishan Soni, Punjab
Dr. Dimpay Mahanta, North East Region	Dr. Gyanesh Tiwari, Madhya Pradesh
Dr. Jigar A. Parikh, Gujarat	Dr. Nidhi Verma, Haryana
Dr. Arun Kumar, Uttarakhand	Dr. Uday Shankar, Bihar
Dr. Shaista Ansari, Chhattisgarh	Dr. Shilpi Saraswat, South India Region
Dr. Neharshi Srivastava, Rajasthan	Ms. Bhavika Ladd, Maharashtra

## Advisory Committee

National Advisory Committee	International Advisory Committee
1. Prof. N. K. Saksena, Former Principal PPN College, Kanpur	1. Dr. Andreas Krafft, Uni. of St. Gallen, Switzerland
2. Prof. Jintendra Mohan, Former Prof. Panjab Uni, Chandigarh	2. Dr. Francois Gerland, Hypno Therapist, France
3. Prof. Navdeep Singh Tung, Former Prof. GNDU, Amritsar	3. Prof. Joseph Indelicato, Prof. Touro University USA
4. Prof. N. K. Chadha, Former Prof. DU, New Delhi	4. Dr. Alena Slezackova, Assoc. Prof, Masaryk Uni, Czech Republic
5. Prof. C. P. Khokhar, Former Prof. GKV, Haridwar	5. Prof. Dr. Vladimir Trajkovski, President, MSSA, Macedonia
6. Prof. R. N. Singh, Former Prof. BHU, Varanasi	6. Dr. Narendra Thagunna, Founder, TSOP, Nepal
7. Prof. Ravindra Panth, Director, IBC, New Delhi	7. Prof. M.A. Khalid, Director PIB, Bangladesh
8. Prof. Waheeda Khan, Former Prof. JMI, New Delhi	8. Dr. Kamruzz Aman Mozumder, President CPS, Bangladesh
9. Dr. Alok Mishra, Joint Secretary, UGC, New Delhi	9. Dr. Kanak Pandey, Director, GHK, Canada
10. Prof. Promila Batra, Former Prof. MDU, Rohtak	10. Dr. Piyanjali de Zoysa, Prof. Uni. of Colombo, Sri Lanka
11. Prof. Gautam Shrirangrao Gawali, Prof. Amity Uni, Mumbai	11. Dr. Dess Mardan Basnet, Founder President, WWA, Nepal
12. Prof. Uday K. Sinha, Prof. IHBAS, New Delhi	12. Prof. Cecillia A. Essau, Prof. Uni. of Roehampton, London
13. Prof. Kamayani Mathur, Prof. Gujarat Uni, Ahmedabad	13. Dr. Antonio Cervigni, Psychotherapist, Italy
14. Prof. Sandeep Rana, Prof. GJUST, Hisar	14. Prof. Adela Barcia, Psychotherapist, USA
15. Prof. O. P. Sharma, Prof. Rajasthan Uni, Jaipur	15. Dr. Julie Gerland, Faculty Hypnovirthing, France





## FOCAL THEME

# MENTAL HEALTH & WELLBEING IN POST COVID SCENARIO: GLOBAL PERSPECTIVE

## SUB THEMES

- Clinical Health Psychology: Global Perspective
- Mental Health in Post Covid Scenario
- Digitalised Mental Health Services : Paradigm Shift
- Psychiatry and its Application in Various Health Settings
- Role of Artificial Intelligence in Psychological Services
- Tele-Mental Health Services: Emerging Trends and Ethical Boundaries
- Internet Addiction: Nature, Implication and Intervention
- Cyber Crime in Digital Era and Psychosocial Wellbeing
- Childhood problems: Emotional & Behavioural Disorders, Neurodevelopmental Disorders
- Chronic Illnesses and Mental Wellbeing
- Psychosocial Researches: Current trend and Practices
- Psychotherapies: Current Practices, Advancement and Future Prospects
- Indigenous Perspectives on Mental Health and Wellbeing with Respect to Pandemic Experiences
- Brain Computer Interface and Mental health
- Positive Psychology: Application and Scope
- Neuropsychology: Application in Health Setting
- Forensic Psychology: Application and scope in Mental Health
- Buddhist Psychology: Meditative training, practices & application.

## CALL FOR PAPERS

Scholars interested in presenting research papers on the theme or any sub theme of the conference are required to submit their abstract in soft copy by email before 30th October, 2022. The abstract of paper should not exceed 250 words; typed on A4 size paper in double space. The abstract must include Title, Author's names and Institutional affiliation. The content of the abstract should start from a new paragraph stating clearly Background, Objectives, Method, Results, Conclusions and 3 keywords.

**NOTE:** Out of all the invited talks, workshops and scientific papers, 30 best papers would be selected by the academic committee which would be further reviewed and edited in required manner. Subsequently it would be published in the edited book carrying ISBN number in association with a publisher of national and international repute. The other terms and conditions in this regard would be laid by the IAHP executive committee.

**Submission of abstract, full paper, registration form and registration fee are required to be acknowledged on the email id: [iciahp2022@gmail.com](mailto:iciahp2022@gmail.com), [psygbuconference@gmail.com](mailto:psygbuconference@gmail.com).**

**ABSTRACT WILL BE ACCEPTED ONLY OF THE REGISTERED DELEGATES**

**DEADLINE FOR ABSTRACT SUBMISSION: 30TH OCTOBER, 2022**

**DEADLINE FOR FULL PAPER SUBMISSION: 15TH NOVEMBER, 2022**

# REGISTRATION DETAILS

Delegate Category	Registration fee up to 30th October, 2022	Registration fee after 30th October, 2022
<b>IAHP Members</b> (With Accommodation)	<b>4,500/-</b>	<b>5,500/-</b>
<b>Outstation Delegates</b> (With Accommodation)	<b>5,500/-</b>	<b>6,500/-</b>
<b>Outstation Students</b> (With Accommodation)	<b>4,000/-</b>	<b>4,500/-</b>
<b>Local Delegates</b> (Without Accommodation)	<b>3,500/-</b>	<b>4,500/-</b>
<b>Local Students</b> (Without Accommodation)	<b>3,000/-</b>	<b>3,500/-</b>
<b>GBU students, faculty &amp; Staffs, and Alumni</b>	<b>2,000/-</b> (Accommodation would be provided on demand and chargeable)	<b>2,500/-</b>
<b>Accompanying Persons</b>	<b>3,500/-</b>	<b>4,000/-</b>
<b>Foreign Delegates</b>	<b>US \$ 250</b>	<b>US \$ 300</b>

## REGISTRATION FEE WILL COVER

- Transport facility from Pari Chowk, Metro Station NRI City Gate, Greater Noida to Conference venue/University Guest Houses.
- Conference kit including conference bags, badge, souvenir/abstract book and writing materials.
- Admissions to inaugural function, scientific sessions, exhibition of psychological tests/books and valedictory function.
- Breakfast, lunch, tea/coffee and dinner during the conference days.
- Free boarding and lodging at the university guest houses on sharing basis.
- Accommodation would be available from 21st December to 24th December 2022 during the conference.
- Delegates registered for pre-conference workshop, would be provided the above services from the day of workshop.

## FEE SUBMISSION

All the payments are to be made by demand draft (DD) in favour of "Gautam Buddha University" Payable at New Delhi/Noida or Online NET Banking payment to Punjab National Bank, Gautam Buddha University Branch, Greater Noida (U.P.) A/C No: 6660000100000672 (IFSC No: PUNB0666000).

**NOTE:** Students must submit a certificate issued by the Head of their Department/Institute to the effect that they are a bonafide student and willing to participate in the ICIAHP-2022.

Please intimate Online NET Banking payment of registration to: [iciahp2022@gmail.com](mailto:iciahp2022@gmail.com), [psygbuconference@gmail.com](mailto:psygbuconference@gmail.com)



# IAHP AWARDS

## 1. Manju Thakur Memorial Oration Award

This award is instituted by Dr. Archana Thakur, Joint Secretary, U.G.C. in memory of her mother to be conferred at the International Conference of IAHP to an eminent scholar for delivering a special lecture on any contemporary issue of Health and Well-being. The scholar for this award will be nominated by the President, Indian Academy of Health Psychology.

## 2. Anita Memorial Innovative Scientist Award

This award is instituted by Prof. Anand Kumar, President, IAHP in the memory of his beloved wife Late Smt. Anita Srivastava. The award is to be conferred at the annual international conference of IAHP every year to a meritorious scholar/scientist who have carried out an innovative work in the area of health and well-being. The work must be original and innovative in nature, has not been carried out in the past ever. The work should neither have been published nor presented in any form is a mandatory requirement. The papers received for this session will be reviewed by a screening committee and based on the quality and significance of the research, only 03 papers will be selected for presentation in the IAHP Innovative Scientist Award session and remaining paper will be considered for presentation in the scientific session.

## 3. IAHP Young Scientist Award

A special session for the young scientist award will be organised for young researchers and scholars (age up to 35 years as on 31st October, 2022). Applicants must be a Life member of IAHP. Paper should be single authored only and a self-declaration to the effect that the paper has neither been presented in any forum nor been published in any form is a mandatory requirement. The papers received for this session will be reviewed by a screening committee and based on the quality and significance of the research, only 05 papers will be selected for presentation in the IAHP young scientist award session and remaining paper will be considered for presentation in the scientific session.

## 4. IAHP Best Paper Award

A special session for Best paper award will be organised for researchers and scholars (age up to 45 years as on 31st October, 2022). Applicants must be a Life member of IAHP. Paper should be single authored only and a self-declaration to the effect that the paper has neither been presented in any forum nor been published in any form is a mandatory requirement. The papers received for this session will be reviewed by a screening committee and based on the quality and significance of the research, only 05 papers will be selected for presentation in the Best paper award session and remaining paper will be considered for presentation in the scientific session. The results will be declared and the citation of best paper award will be presented to the candidate at the valedictory session of the conference.

**NOTE:** Interested participants for all above award categories should send their abstract and full paper as soft copy by email to [iahp.in.net@gmail.com](mailto:iahp.in.net@gmail.com) with his IAHP Life membership number, age proof and self- declaration before 30th October, 2022. It must be **Addressed to:** Prof. Anand Kumar, **President:** Indian Academy of Health Psychology, **E-mail:** [iahp.in.net@gmail.com](mailto:iahp.in.net@gmail.com), [profananda@yahoo.com](mailto:profananda@yahoo.com)

## PRE- CONFERENCE WORKSHOPS

The pre- conference workshops would be organised on 21st December, 2022. On this day, the two workshops would be conducted parallelly. Therefore, the interested delegates may choose their participation as per their preference of the workshop. A separate registration is required on the part of the interested participants to participate in the given workshop. The details about the workshops, resource persons and registration fee are given below

Topic	Resource Person	Fees	No. of Seats	Date & Time
Hypnosis and Past Life Regression	Prof. Rakesh Jain GKV, Haridwar	₹ 1,500/-	25	21st Dec 22 10am to 4pm including lunch break
Application of Somatic Inkblot Test in Clinical Conditions	Prof. B.L. Dubey President, SIS, USA	₹ 1,500/-	25	21st Dec 22 10am to 4pm including lunch break

**NOTE:** The delegates who are interested in attending the any of above workshops may submit the registration fee in the given university account and may send their registration form on the conference email i.e. [iciahp2022@gmail.com](mailto:iciahp2022@gmail.com), [psygbuconference@gmail.com](mailto:psygbuconference@gmail.com).

## CONFERENCE VENUE

The venue for all the programmes is GBU Auditorium, Gautam Buddha University Campus, Greater Noida, U.P.





# CORONA COMPLIANCE

All the participants are advised to get either vaccinated for COVID-19 or carry negative RTPCR Report of max. 72 hours before joining the conference in physical mode or entering the conference venue. This is the mandatory requirement on the part of all the participants as well as members of organising committee. Besides this, the corona guidelines such as wearing mask, frequent hand sanitisation and social distancing are to be practiced strictly during the conference. The organising committee seeks your sincere corporation in this regard.



## ADDRESS FOR COMMUNICATION

Address all correspondence related to 7th International Conference of Indian Academy of Health Psychology to:



**Prof. Anand Kumar**

Conference Chairman, ICIHP -2022  
President  
Indian Academy of Health Psychology

☎ 9415202167, 9140370650  
✉ [iahp.in.net@gmail.com](mailto:iahp.in.net@gmail.com)  
[profananda@yahoo.com](mailto:profananda@yahoo.com)



**Dr. Anand Pratap Singh**

Conference Director, ICIHP-2022  
Head, Department of Psychology and Mental Health,  
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☎ 9650257255, 8929589265  
✉ [iciahp2022@gmail.com](mailto:iciahp2022@gmail.com)  
[psygbuconference@gmail.com](mailto:psygbuconference@gmail.com)

**ROOM NO. 130, SOM BUILDING**  
**DEPARTMENT OF PSYCHOLOGY AND MENTAL HEALTH**

School of Humanities and Social Sciences

**Gautam Buddha University**

Gr. Noida, UP - 201312

For online submission of registration form: [CLICK HERE](#)

☎ 0120 2344429, 9871823757, 8447133318, 8130082766, 9451079826

✉ [iciahp2022@gmail.com](mailto:iciahp2022@gmail.com), [iahp.in.net@gmail.com](mailto:iahp.in.net@gmail.com), [psygbuconference@gmail.com](mailto:psygbuconference@gmail.com)

# PLACES TO VISIT



## **PREM MANDIR VRINDAVAN, MATHURA**

Prem Mandir (The Temple of Love) is a Hindu temple in Vrindavan, India. It is dedicated to Radha Krishna and Sita Ram. It is located at Mathura, and can be reached in one and half hour by road from the venue.

## **TAJ MAHAL AGRA**

Taj Mahal is standing majestically on the banks of River Yamuna, located in Agra. It is famous for its own beauty and one of the wonders of the world. It can be reached in two and half hour by road from the venue.



## **RAJGHAT NEW DELHI**

Raj Ghat is a memorial dedicated to father of the nation Mahatma Gandhi in Delhi, India. It can be reached in one hour by road from the venue.

## **CENTRAL VISTA NEW DELHI**

The Central Vista is India's administrative capital. It holds the majority of the country's major national festivals, as well as a range of other ceremonial events. It can be reached in one hour by road from the venue.



## **NATIONAL WAR MEMORIAL NEW DELHI**

National War Memorial (Rashtriya Samar Smarak) was established in January 2019 and It is a national monument built for giving honour to our brave soldiers. It can be reached in one hour by road from the venue.





# REGISTRATION FORM

Conference/Workshops  
(December 22-24, 2022)



For online submission of registration form : [CLICK HERE](#)

Name: \_\_\_\_\_

Gender: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Affiliating Institution: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Pin code: \_\_\_\_\_

Mobile No: \_\_\_\_\_ Whatsapp No.\* \_\_\_\_\_

Email Id \* \_\_\_\_\_

**\*Whatsapp No. and Email ID is mandatory to provide for communicating with organizer**

Presenting paper: YES / NO

Life Member: YES / NO Life Membership Number \_\_\_\_\_

Interested in IAHP Membership: YES / NO

Title of paper: \_\_\_\_\_

Participating in workshops: Yes/No

Title of Workshop/s: \_\_\_\_\_

No. of Accompanying Persons: \_\_\_\_\_

Accommodation Required: YES / NO

Date and Time of Arrival: \_\_\_\_\_

Date and Time of Departure: \_\_\_\_\_

Registration Category: \_\_\_\_\_

Payment Details -

Amount Paid: \_\_\_\_\_ Date: \_\_\_\_\_

Transaction ID: \_\_\_\_\_ Bank Name: \_\_\_\_\_